

Membership Benefits

Membership entitles you to a personalised programme individually tailored to meet your specific needs and inductions on a 1-1 basis with friendly and helpful qualified fitness professionals. For the more specific clients we can offer Personal Trainers for private coaching at individual rates.

Did you know that becoming a member of the Edge Club entitles you to use the leisure facilities at both Barnham Broom and Bedford Lodge Hotels!

Why not also take advantage of our other services:

Bedford Lodge Hotel

Hotel

Named as Suffolk Hotel of the Year 2006-2007 – we provide a combination of unsurpassed accommodation and first-rate facilities, set in wonderful surroundings.

Roxanna Bar

What better way to spend a sunny afternoon than enjoying afternoon tea in our leafy patio garden. On cold winter days you can relax in front of the roaring log fire, which is one of the original features of the hotel dating from the 18th century.

Orangery Restaurant

Our two AA Rosette Orangery Restaurant is renowned throughout Newmarket and Suffolk as well as much further afield, for its imaginative and exceptional menus.

Members receive a 10% discount off soft drinks and 20% off food

Barnham Broom Hotel

Hotel

Our luxurious modern accommodation and traditional warm, friendly atmosphere has helped to make Barnham Broom Hotel one of the most popular places to stay in Norfolk.

Golf

Nestled in 250 acres of beautiful countryside our two stunning 18 hole courses offer some of the finest golfing in Norfolk. Boasting 3 academy hole facilities, driving range and PGA tuition with our Golf Pro, Barnham Broom Golf Club has everything you need!

Sportsbar & Café

With beautiful views of the golf course, a vibrant atmosphere and a variety of light meals and snacks on the menu, the Sportsbar & Cafe offers the perfect place to unwind.

Flints Restaurant

For fine dining in Norfolk our two AA Rosette Flints Restaurant is unbeatable for its elegance, mouthwatering menu and extensive wine and champagne list. Flints restaurant is perfect for a traditional Sunday lunch, family celebrations and intimate evening dining.

Members receive a 15% discount at the Sports Bar and Flints restaurant, plus Golf benefits

